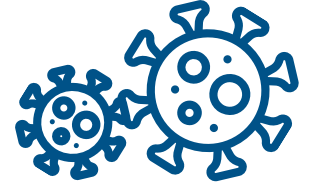


Is it COVID-19 or is it the Flu?
















Not feeling well? This chart shows common symptoms/signs of COVID-19, the flu, allergies, and colds.

- Symptoms can be different from person to person
- You don't need to have every symptom to have that illness
- If you are sick, **STAY HOME** (except to seek medical care) to avoid spreading illness to others

If you have symptoms of COVID-19, contact your health care provider. Visit

<https://www.maine.gov/covid19> for more information about testing, vaccination, and more.

SYMPTOMS	COVID-19	FLU	COLD	ALLERGIES
 Cough	Often	Often	Sometimes	Sometimes
 Fever	Often	Often	Rarely	Never
 Shortness of breath	Sometimes	Sometimes	Rarely	Rarely
 Body aches	Sometimes	Often	Rarely	Never
 Headache	Sometimes	Often	Rarely	Sometimes
 Fatigue	Sometimes	Often	Sometimes	Sometimes
 Sore throat	Sometimes	Sometimes	Sometimes	Sometimes
 New loss of taste or smell	Sometimes	Rarely	Rarely	Rarely
 Diarrhea	Sometimes	Rarely	Never	Never
 Chest pain or pressure	Rarely	Rarely	Sometimes	Never
 Runny nose	Rarely	Sometimes	Often	Often
 Sneezing	Rarely	Sometimes	Often	Often
 Watery eyes	Never	Never	Never	Often